

# Public Health Nurse available at the Family Centre 2016



**August 29th**

**September 12th**

**October 3rd**

**November 7th**

**December 5th.**

Jane Wismer, Public Health Nurse with Vancouver Island Health Authority, will be at the Family Centre from 10am –12 noon on the dates listed above. She will be here to support you with any health related questions, weigh and measure babies and check immunization records. Jane will also be able to give immunizations at the Family Centre (arrangements for these need to be made ahead of time). Come with your questions about food, sleep or child development. Look forward to seeing you!